

TARVA Newsletter

RANDOMISED CLINICAL TRIAL

TARVA is a clinical trial for patients with ankle arthritis who are considering surgery

End of Recruitment

Huge thank you to all staff & patients for your continued hard work and support which has made TARVA a successful surgical trial!



News

325 patients recruited to TARVA

297 patients have been randomised to TAR or arthrodesis, and 268 patients have had their surgery as part of the trial (as of end of November 2018).



254 patients completed trial

254 patients have attended their 1 year follow-up visit for the trial (to end of November 2018). Thank you to all the patients who have completed the trial questionnaires up to this point!

TARVA Investigators Meeting

The annual TARVA Investigator Meeting took place at Edinburgh International Conference Centre on Tuesday 6th November. See pages 2-3 for some photos and an update on the trial discussion.

Welcome to our new Data Manager

Since the last newsletter, Alexa King has joined the team as our new Data Manager. We wish her predecessor, Miriam Pollard, all the best.

North Thames CRN Orthopaedic Clinical Trials Day

TARVA patient Jackie Pye presented her positive experience being on the trial at the Orthopaedic Clinical Trials Day recently. Thank you for an excellent presentation and sharing your story!

Social Media



Follow us on Twitter [@TARVA_Trial](https://twitter.com/TARVA_Trial)



Search for [TARVA clinical trial](#) on Facebook



www.anklearthritis.co.uk

Funding

TARVA is funded by the National Institute for Health Research Health Technology Assessment (project number 12/35/27).

TARVA Investigators Meeting

Edinburgh International Conference Centre
6th November 2018

With the penultimate months of study recruitment, it was great to see so many of our sites represented in Edinburgh earlier this month for the annual TARVA investigator's meeting.

Following an update from the trial team on recruitment, Chief Investigator Andy Goldberg & UCL Trial Statistician, Patrick Muller introduced the meeting with a Trial Overview focusing on the achievements and progress of the study since last year.



Patrick Muller presented a statistical overview of the trial



Presentation topics covered included Radiology imaging, Qualitative Publication and Analysis & Publication strategy. To close out the meeting, sites fed back on their progress in the trial so far and were encouraged to provide feedback with regards to recruitment. Following on from this, the group discussion focused on the potential direction for surgical trials. Sites discussed and put forward ideas for sub-studies and also brainstormed ideas for future Orthopaedic surgical trials. Thank you to those sites and research teams who attended!

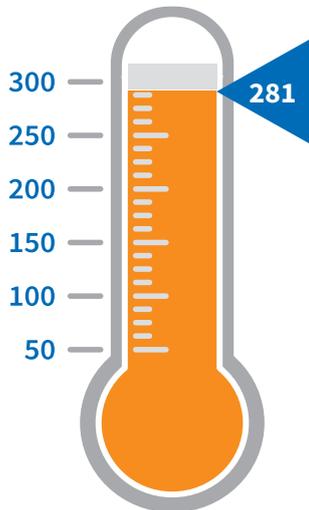


Mossab Aljalalma presented results from the Radiology Audit



Site feedback session on study progress and the future of orthopaedic surgical trials

Recruitment Update



We are now very close to our goal of 284 surgeries performed.

This thermometer shows the number of patient's operations performed since the trial opened.

Timelines for final analysis:

- Last patient operated January 2019
- Last follow up (52 week visit) December 2019
- Dec 2019-May 2020
- Completion of data entry; final queries resolved
- Final statistical report completed
- Health Economic Evaluation completed
- Preparation of final report to HTA
- Trial publication submitted

Celebrities in the Spotlight



Arsenal forward **Danny Welbeck** broke his right ankle at the Europa League draw game at the beginning of November requiring two operations. Both surgeries went well and the 27 year-old is now in rehabilitation.



NFL star **Alex Smith** suffered a significant ankle injury against the Houston Texans this month. The Washington Redskins quarterback suffered a broken tibia and fibula requiring immediate surgery and is now in rehabilitation.

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If you have a story or case study you would like included in a future newsletter, please let us know at tarvanewsletter@rnoh.nhs.uk